Community Health Services — from our family to yours!

Whether you're looking for quality outpatient resources for your patients, or if you're a patient in need of these services, the Health First family offers the Community Health Services listed below:

(Map showing locations for major Community Health Services appears on the reverse side.)

DIAGNOSTIC CARE

- Services range from our full-service laboratories to diagnostic radiology, ultrasound, mammography, breast biopsy and needle localization, computerized tomography (CT), and hospital-based testing also includes magnetic resonance imaging (MRI), nuclear medicine and positron emission tomography (PET) scans.
- Hospital-based testing:
  - Cape Canaveral Hospital — Diagnostic Services (scheduling), 321.434.6100; Health Testing Outpatient Center, 321.799.7111, ext. 22600; and Women's Diagnostic Center (scheduling), 321.434.6100
  - Genetic Cancer Risk Assessment, 321.434.7456
  - Holmes Regional Medical Center — Diagnostic Services (scheduling), 321.434.6100
  - Cancer Genetic Risk Assessment, 321.434.7456
  - Palm Bay Community Hospital — Diagnostic Services (scheduling), 321.434.6100

Health First Diagnostic Centers

- Outpatient services include all those listed above (except MRIs, nuclear medicine and PET scans) as well as preventative heart scans, bone density studies, and EKGs:
  - Melbourne: 1051 S. Hickory St., Suite F, 321.434.7100 (for information only), or 321.434.6100 (for appointments)
  - Merritt Island: Health First Healthplex, 2nd floor east entrance, 321.434.5840 or 321.434.6100 (for appointments)

REHABILITATIVE CARE

- Cardiac Rehabilitation
  - Cocoa Beach: Cape Canaveral Hospital, 1st floor main entrance, 321.868.8300
  - Melbourne, 321.434.3641

Health First Medical Rehabilitation

- Melbourne: 615 E. Sheridan Road, 2nd floor, 321.434.5231
  - Merritt Island: Health First Healthplex, 1st floor east entrance, 321.434.5820

Health First Developmental Clinic (infant services)

- Melbourne, 3661 S. Babcock St., 321.953.1306

Pulmonary Rehabilitation

- Cocoa Beach: Cape Canaveral Hospital, 1st floor main entrance, 321.868.8300
- Melbourne: Holmes Regional Medical Center, 321.434.8641

Post-rehabilitation transition services at Pro-Health & Fitness Centers

- Melbourne, 321.434.7149
  - Merritt Island, Health First Healthplex, 321.434.5801
  - Palm Bay, 321.722.5943

Continence and Pelvic Floor Disorders Program

- Palm Bay Community Hospital Rehabilitation Services, 321.434.8019

PHYSICAL FITNESS

- Pro-Health & Fitness Centers
  - Melbourne: 615 E. Sheridan Road (also includes The Spa on the 3rd floor), 321.434.7149
  - Merritt Island: Health First Healthplex, 255 Borman Drive, 321.434.5801
  - Palm Bay: 5270 Babcock St. NE, 321.722.5943

SPECIAL OUTPATIENT CARE

- Health First Aging Institute (then, convenient locations)
  - Consultative Geriatrics
    - Cocoa Beach: Cape Canaveral Hospital (behind the hospital), 321.868.7641
    - Melbourne: 3661 South Babcock St., 2nd floor, 321.727.3370
  - Primary Care Geriatrics
    - Merritt Island: 220 Courtney Parkway, Suite B, 321.868.5815

Health First Loeza's Place

- 1948 Dairy Road, 321.951.7118

East Central Florida Memory Clinic

- 1934 Dairy Road, West Melbourne, 321.768.9575

Diabetes Education

- Offered at Cape Canaveral Hospital, Holmes Regional Medical Center, and Palm Bay Community Hospital. Please specify which location you prefer when calling our centralized registration number 321.868.7220 (Physician referrals required.)

Health First Wound Management

- Cocoa Beach: Cape Canaveral Hospital Medical Plaza, 701 W. Cocoa Beach Cswy., Suite 402 321.837.1995 or 1.800.549.3884
  - Melbourne: 1133 Gateway, Suite 1023 321.837.1995 or 1.800.549.3884

Nutrition Education and Weight Management Services

- Cocoa Beach: Cape Canaveral Hospital, 321.799.7178
  - Melbourne: Holmes Regional Medical Center, 321.434.7213
  - Pro-Health & Fitness Center, 321.434.8745
  - Merritt Island: Pro-Health & Fitness Center, 321.434.5815

Pain Management

- coconut Beach: Cape Canaveral Hospital Medical Plaza, Suite 202, 321.868.7696
  - Melbourne/Palm Bay
  - Health First Pain Management Clinic, 5191 Babcock St. NE, 321.434.1700

Pulmonary Diagnostics

- Melbourne/Palm Bay, 5191 Babcock St. NE, 321.434.7138

Health First Sleep Center

- Cape Canaveral Hospital Medical Plaza, 699 W. Cocoa Beach Cswy., Suite 100, 321.434.5832
  - Palm Bay Community Hospital Physician Office Building, Suite 250, 321.434.8087

PHYSICIANS AND REFERRAL SERVICE

Health First Physicians (medical group)

- For detailed information on any of our more than 60 physicians, visit Health First’s web site at www.healthfirstphysicians.org

Physician Referral

- 321.434.2300 or 1.800.549.3884

AFTER-HOURS’ MEDICAL ADVICE LINE

Health First Nurse Advice: 321.434.1800

(Monday – Friday, 3 to 11pm; weekends, 11am to 7pm)

CONVENIENT HOME MEDICAL CARE

Guardian Medical Monitoring

- (home-alert response system)
  - Cape Canaveral Hospital (behind the main hospital), 321.958.5809

Health First Home Care

- Medicare and most insurance plans cover our home care services.
  - Merritt Island: 200 S. Courtenay Parkway, 321.434.5909
  - West Melbourne: 1912 Dairy Road, 321.434.7300
  - Health First Private Duty
    - Serving all of Brevard. Call for a free, in-home nursing consultation.
    - Merritt Island: 321.952.0494
    - West Melbourne: 321.459.1804

1910 Dairy Road, 321.868.8310

END-OF-LIFE AND BEREAVEMENT CARE

Hospice of Health First

- Specialized services for those with life-threatening illness.
  - Merritt Island: 200 S. Courtenay Parkway, 321.952.0494
  - West Melbourne: 1900 Dairy Road, 321.952.0494

William Childs Hospice House

- Palm Bay, 381 Medplex Parkway, 321.434.8400

Bright Star Center for Grieving

- Children & Families
  - Melbourne: 300 E. New Haven Ave., 321.733.7672

MEDICAL EQUIPMENT

Health First Medical Equipment

- Melbourne, 804 E. Hibiscus Blvd., 321.727.1400
Community Health Services main locations

Health First Healthplex
Featuring: Pro-Health & Fitness Center, Physician Offices, and Health First Diagnostic Center
255 Borman Drive
Merritt Island

Health First Administrative Offices and Health First Health Plans
6450 U.S. Highway 1
Rockledge

Cape Canaveral Hospital and Medical Plaza,
Health First Aging Institute (Consultative Geriatrics), Diagnostic Services,
Wound Management, Health First Sleep Center, and Women’s Diagnostic Center
699/701 W. Cocoa Beach Causeway
Cocoa Beach

Holmes Regional Medical Center
1350 S. Hickory St.
Melbourne

Health First Medical Rehabilitation
6450 N. Wickham Road
Melbourne/Suntree

Pro-Health & Fitness Center
5270 Babcock St. NE
Palm Bay

Pro-Health & Fitness Center and The Spa, Health First Medical Rehabilitation
611 E. Sheridan Road
Melbourne

Health First Wound Management
1333 Gateway Drive, Suite 1023
Melbourne

Health First Diagnostic Center
1051 S. Hickory St., Suite F
Melbourne

HCA Healthcare of Brevard
1625 Southbounding Road
Melbourne

Bright Star Center for Grieving Children & Families
300 E. New Haven Ave.
Melbourne

Health First Medical Equipment
804 E. Hibiscus Blvd.
Melbourne

Pro-Health & Fitness Center and Pulmonary Diagnostics
5191 Babcock St. NE
Palm Bay

Health First Leeza’s Place
1948 Dairy Road
West Melbourne

Palm Bay Community Hospital and Physician Office Building, and Diagnostic Services
1425 Malabar Road NE
Palm Bay

Health First Pain Management
and Pulmonary Diagnostics
5191 Babcock St. NE
Palm Bay

Cape Canaveral Hospital
4700 Northpointe Blvd.
Cape Canaveral

Community Health Services main locations

Together, we’re better.

www.health-first.org

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